

# Back pain can change your life.



It may be progressive, or it can happen without warning. One minute you're gardening, playing golf, or lifting a package. The next minute, *you're in agony*.

Whether it's due to a congenital problem, a deteriorating condition or a sudden injury – we can help. At the Comprehensive Spine Institute of New Jersey, our team of board certified spine specialists offers a comprehensive and multi-disciplinary approach to alleviate your pain and return you to normal activities as soon as possible.



## The Comprehensive Spine Institute of New Jersey

**Toll Free 877-854-8CSI  
877-854-8274**

**Medical Office Building, Suite 220  
377 Jersey Avenue at Grand  
Skinner Memorial Drive  
Jersey City, NJ 07302**



[www.csispine.com](http://www.csispine.com)