



National Patient Safety Awareness Week March 7th -13th

Good Questions for Your Good Health

Ask Me 3™

Every time you talk with your doctor, nurse, or pharmacist, ask these questions

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|--------------------------|-----------------------|--|
| ① | ② | ③ |
| What is my main problem? | What do I need to do? | Why is it important for me to do this? |



The more you know about your health, the better



Ask Me 3™ is an educational program provided by the
Partnership for Clear Health Communication
at the National Patient Safety Foundation™

Our First Pillar is Patient Safety!

The healthcare system
of choice for Hudson County



Jersey City Medical Center • Meadowlands Hospital